Blessed Sacrament Catholic Church

210 5th Avenue W, West Fargo, ND 58078 701-282-3321

www.bscwf.org email: info@bscwf.org



Daily Mass & Intentions

Sunday, February 12

8:30 a.m. – the Parishioners 10:30 a.m. – +Marvin Leidal

Monday, February 13 - NO MASS

Tuesday, February 14 at Sheyenne Crossings

1:00 p.m. - +Edwin & +Margaret Olson

Wednesday, February 15

9:00 a.m. - +Jenny Pulkrabek

Thursday, February 16 at Trinity Elementary

8:45 a.m. - +Bill Knoll

Friday, February 17

9:00 a.m. - +Frank Jeffrey Lenzmeier

Saturday, February 18

Reconciliation 4:00 - 4:30 p.m.

5:15 p.m. - +Martin Ferber

Sunday, February 19

8:30 a.m. - +Tillie Hauck

10:30 a.m. - the Parishioners



Children: \$27

\$400.000.00

Weekly Offering

February 4-5, 2023

Adult: \$8,673.24

Improvements: \$868.49

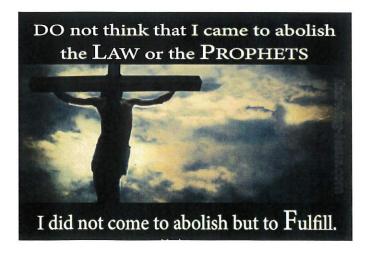
Firm Foundation: \$120

Poor Fund: \$391

\$454,207,40

Collected to D	<u>ate</u>	Goal to Date
\$37,437.75	Adult	\$48,000.00
\$177.00	Children	\$180.00
\$2,363,05	Improvements	\$6,000.00

Firm Foundation



Welcome! Fr. Gary Luiten and the faithful of Blessed Sacrament welcome you. We hope your time with us may be blessed. May it also be an opportunity to join in fellowship of our faith and joy in Jesus Christ.

This Week



Sunday:

Coffee 9:30 a.m. Only PK class – 10:30 a.m. Concessions – 11:30 a.m. BINGO! – 12:00 p.m.

RCIA Class, Tuesday, February 14, 7 p.m.

Pastoral Council Mtg, Thurs., February 16, 7 p.m.

LENT / February 22 - April 9, 2023

Lent

A 40-day period leading up to Easter that begins on Ash Wednesday and ends on Holy Thursday. It is a season of <u>prayer</u>, <u>fasting</u>, and <u>works of charity</u> (almsgiving). Lent reminds us of Jesus' preparing for his preaching, teaching, and healing ministry, all leading up to his passion, death, and resurrection during that first Holy Week. Lent reminds us of the **love** that Jesus has for the Father and for us, how Jesus unselfishly came to serve and give his life as a ransom for all of us. Love is what Lent is all about.

Ash Wednesday is February 22. Mass times are 9:00 a.m. & 7:00 p.m.

Preparing for Lent:

- If you have <u>palms from last year</u> and would like us to recycle for Ash Wednesday, Please place them in the basket in the Gathering Area, by February 19.
- Lent With the Saints pamphlet on the bookshelf in the Gathering Area. This will help you prepare for your Lenten Journey.

Lenten Regulations

- Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent, and Good Friday.
- Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday.
- On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted.

When health or ability to work would be seriously affected, the law does not oblige. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

Stations of the Cross during Lent we will recite and reflect on the Stations of the Cross, every Friday at 7:00 p.m. Everyone is welcome to join us.

The CHOSEN Season 1 will be shown on most Friday's during Lent at 7:30 p.m., following Stations of the Cross. Mark your calendars, bring your friends and family members, a comfortable chair, and encounter Jesus Christ through the experiences of those who were called by Him, cured by Him, and challenged by Him. This is not your typical movie about Jesus. Don't miss out on "Your encounter" with Him.

Episodes 1 & 2 – <u>Feb. 24</u>; Episodes 3 & 4 – <u>Mar. 3</u>; Episodes 5 & 6 – <u>Mar. 10</u>; Episodes 7 & 8, <u>Mar. 24</u>.

THE BEST LENT EVER!

Don't be a Consumer. Be a Disciple. A free daily Lenten Experience with Matthew Kelly.

Every day, you will receive two short, practical, and inspiring videos in your inbox, each representing a pathway leading toward a better version of you and a closer relationship with God.

How it Works:

- 1. Sign up: https://www.dynamiccatholic.com/lent.html
- 2. Watch the Videos. They will help you to slow down, think, and connect with God.
- Take A Step. Use the wisdom you gain to do something generous and live the Gospel each day.

WHAT is Ash Wednesday? Ash Wednesday is the first day of Lent. Lent is the forty days (excluding Sundays) leading up to Easter. The number forty is significant as it refers to Jesus' forty days in the desert prior to beginning his ministry of teaching.

On Ash Wednesday, Catholics and some other Christian denominations receive ashes in the shape of a cross on their forehead or sprinkled on top of their head. These ashes are created from the palms used during the previous year's Palm Sunday Mass. They symbolize penance, which is appropriate as Lent is a season of penance and remind us of our own mortality. During the Mass, as the priest or lay minister applies the ashes, he say "Remember you are dust and to dust you shall return." Anyone who attends Mass can receive ashes, not just practicing Catholics.

Is Ash Wednesday a Holy Day of Obligation?

Holy Days of Obligation are days Catholics should attend Mass and do their best to avoid unnecessary work. Contrary to popular belief, Ash Wednesday is not a Holy Day of Obligation for Catholics. While it's not an obligation, many Catholics choose to attend Mass and mark the beginning of the Lenten season.

Faith Formation



Class: Grades 1-5 Feb. 15 5:30 p.m. WOW Feb. 15 7:00 p.m. PΚ Feb. 19 No Class Mass 7 p.m. Grades 1-5 Feb. 22 **B4WOW** Feb. 22 Mass 7 p.m.

RCIA Class:

February; 14, 21, 28

Vacation Bible School – Volunteers Needed.

I am looking for volunteers who would be interested and willing to help plan for Vacation Bible School this summer. It has been quite some time since we have offered VBS to our youth due in large part to COVID. I would like to bring it back this summer and would like to explore other options to better fit with the busy summer activity schedules, vacations, and other family events. Please call or message me if you could help bring back VBS.

-Lucy

FORMED - What to Watch.

- Our Lady of Lourdes feast day was
 February 11. There are several videos to
 watch that tell the story of the events that
 occurred in Lourdes between Our Lady (the
 Virgin Mary) and St. Bernadette. Two
 recommendations to watch are "Lourdes, a
 Story of Faith, Science, and Miracles", as
 well as "St. Bernadette of Lourdes."
- For kids, "Luka Storyteller" is a wonderful series of Luka the fish and his friends who tell stories of Jesus and the saints.
- As Lent is around the corner, there is a 7week Lenten series coming called "FEARLESS" with Chris Stefanik that is set to release on Ash Wednesday.
- Lastly, under the <u>Eucharistic Revival</u> tab, scroll and find "The Spirit and the Eucharist", which explains the role of the Holy Spirit in every aspect of the Mass.



Joyful Voices

Date	Warmup/Sing	
February 18	4:15 p.m./5:15 p.m.	
February 26	9:30 a.m./10:30 a.m.	

Combined Choirs

Ash Wednesday

Date	Warmup/Sing	
February 22	6:16 p.m./7:00 p.m.	

No Contemporary Choir in February

Contact Ronda (Ronda@bscwf.org) if you are interested in assisting at Weekend Masses:

- Instrumentalists
- Song Leaders
- Substitute Accompanists

Singing lifts you up and helps lift up others. It is a service to our God and our church. Music goes beyond words and gives you the feeling that there is more in the world than what we can see and touch.

Joyful Voices Choir is looking for more members! Contact Ronda for more information or call the Parish Office. Ronda@bscwf.org 701-282-3321



Baptism Basket – There is a baptism basket in the Social Hall for Hadley Grace Krueger, 1 month old daughter of Blake & Stephanie Kruger, Please help us fill the basket with baby shower items.

Bingo Sponsored by the Knights of Columbus February 12 and 26, 12:00 p.m. Concession sales begin at 11:30 a.m. \$.50 per card per game, 10 regular games and 2 speciality games at \$1.00 each.

Blessing Box – Nonperishable Food Donations Welcome: Please help if you can. "Give what you can. Take what you need. Above all, be blessed."

Catholic Schools Week Thank you for showing your support to JPII Catholic Schools and Trinity Elementary! We encouraged you to use the JPII donation envelopes and many of you did. THANK YOU!

<u>Donation Envelopes</u>: \$539 <u>Trinity Lunch Program</u>: \$484 Spaghetti Dinner: \$785

Daily Readings - February 12-18, 2023

February 12: Sir 15:15-20, 1 Cor 2:6-10, Mt 5:17-37

<u>February 13</u>: Gn 4:1-15,10, Mk 8:14-21 <u>February 14</u>: Gn 6:5-8,7:1-5,10, Mk 8:22-26 February 15: Gn 8:6-13,20-22, Mk 8:22-26

<u>February 16</u>: Gn 9:1-13, Mk 8:27-33 <u>February 17</u>: Gn 11:1-9, Mk 8:34-9:1 <u>February 18</u>: Heb 11:1-7, Mk 9:2-13

IMPORTANT NOTE

Direct Your Dollars Program Ends March 1

We recently received notice of the cancellation of the Spartan Nash (Family Fare) grocery receipt program. Through the years our Faith Formation Program has received \$4,000 by collecting Family Fare receipts. If you have Family Fare receipts TURN THEM IN NOW!! All receipts must be here no later than February 21 for us to compile the report and submit the paperwork by March 1.

Email Addresses, Phone Numbers and Emergency Contact Information: Does the Parish Office have your current contact information on file? Call 701-282-3321 or email MaryBeth@bscwf.org to verify your information.

Blessed Sacrament Catholic Church Your Council Representatives Are...

Finance Council

Lori DeKeyser, Karen Hanson*, Stacy Montgomery, Brad Novak*, Eduardo Pablo, and Steve Willson

Pastoral Council

Leland Buckmeier, Kathleen Jalbert, Steve Neva, Jamie Regner, Gary Ripplinger, and Ally Schweitzer

*Blessed Sacrament Lay Director

Homebound? Can't go to Sunday Mass?

- Would you like to receive communion?
 Put your name on the 'In-Home Communion' list. Call the Parish Office, 282-3321, give your name, address, and phone number.
- Watch Blessed Sacrament Mass on TV! We record Saturday Mass and play it on West Fargo Public Access Cable channel, Sunday mornings at 10:30 a.m.
- Watch Sunday Mass on the Blessed Sacrament YouTube Channel Go to YouTube search for Blessed Sacrament Church West Fargo ND.

Or copy and paste this link:

https://www.youtube.com/channel/UCPIK7Ix77I6W WtNNUQxt5rw

Moving? All parishioners are reminded to please call the Parish Office, or drop a note in the mail, whenever you move either within the parish or out of the parish.

Our Sympathy to

- Louella Ulmer on the death of her brother, Marvin Klimek.
- Mark Berntson for the loss of his friend, Matt Gourneau.
- The family and friends of Fr. Edward Sherman.
 May Marvin, Matt, and Fr. Sherman rest in the arms of our loving God.

Sick List: We pray for our ill parishioners and family members..

Adelson Uy (brother of Lilibeth Stroik), Geroge Schmidt, Doug & Jane Debing, Darlene Kirchoffner, Tacinca Laducer, Laurie Wells, Bruce Reiter, Bryan Kuntz, Gaylas Pritchard, Jennette Feltman, Gary Lammer.

Soup 'N More: Join us February 23 from 5:30 – 6:30 p.m. for a free meal and conversation. More details will be shared next week.

We Pray In Remembrance of...

February 12: Agnes Coster, Andrew Wickenheiser,

Evelyn Cole, Agnes Nygaard February 13: Arthur Lebbrecht

February 14: Margie Hummel

February 15: George Cavegn

February 17: Florence Trenkenshuh,
Theodore Cich, Kathleen Deutsch

Mission Statement:

As loving disciples, we the faith community of Blessed Sacrament, strive for full and active participation in joyfully serving Christ while recognizing the gifts and dignity of all.

Volunteerism - Stewardship



Do You Ever Feel Not Welcomed Here?

I personally apologize if any of my fellow parishioners have felt that way. I like to think that Blessed Sacrament Catholic Church is close knit and warm and welcoming. I call our parish my family and I certainly hope each of us can and does. Sometimes we fall into a groove; visit or volunteer with those we already know. It might not be noticed that someone has felt not welcomed. My goal as your Parish Life Coordinator is to get fellow parishioners to know one another, to volunteer together, to become disciples; with a welcoming mindset. With that being said, I challenge each and every one of us to get to know someone in our parish you see weekly but have never introduced yourself to. Go to Coffee Talk together and get to know one another. Make a "date" to go to Soup 'N More and chit chat. If you are a regular volunteer, invite another parishioner to volunteer with you. A simple smile and how are you today, feel good but knowing and saving an individual's name is the best. Thank you and God Bless You All!! Julie

"Therefore welcome one another as Christ has welcomed you, for the glory of God." Romans 15:7

Get Your Lenten Recipes into the Office.

Looking to change up your Friday meals during Lent? Share a favorite meatless recipe and/or complete dinner idea. All recipes will be duplicated and placed on a board for all to see. Let's have some fun with this! Works of Charity Can Start by Getting Involved in Your Parish. Families exist and succeed by working together constantly to be unified. That holds true for our parish as well. We all are part of Blessed Sacrament Catholic Church's family. It takes the entire family to help it function daily. We need additional volunteers and would love for it to be you. Let the 2023 Lenten season bring you closer to God through helping your parish and one another. Take time to ask yourself how you can help. Then reach out to Julie via email julie@bscwf.org; phone the office 701.282.3321 or text her if you have her cell.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving."

Colossians 3:23, 24

Reflections by Fr. Gary Luiten



The Sixth Sunday in Ordinary Time February 12, 2023

The gospel today is for all of us, but especially for those people who say, "I really don't sin. I don't break any of the commandments. I haven't killed anyone. I haven't robbed any banks." Jesus breaks the commandments down and points out the fact that we don't have to go all the way and kill our neighbor to be guilty of breaking a commandment, but simply becoming angry at someone is bad enough. Breaking the commandments is a bad thing. And, on the other side of the coin, keeping the commandments is a wonderful thing!

In fact, in the readings today, Jesus emphasizes the importance of keeping God's law. He is talking about the Ten Commandments. We, as inquisitive humans always want to know the why. "Why, Lord, do You want me to keep the commandments? It is sometimes a real challenge to keep them, so why should I?" In fact, sometimes they can be so challenging to keep that we may have a temptation to do the very thing we are told not to do.

The starting point we must have in answering that question is that the commandments are always for our good. Also, for those of us who need a "reason why" we should keep God's commandments, just look at what kind of world this would be if no one kept God's commandments. There would be chaos

and society wouldn't work. For example, if everyone refused to keep the command of not bearing false witness against one's neighbor, then we wouldn't be able to trust anyone. So, keeping the commandments really are for the good of society. They are given to protect us and to give us a peaceful society and to lead us to the kingdom.

May God, then, give us the grace to keep the commandments, and to have pure and generous hearts and pure wills as we live our lives in the Lord's service.

Diocesan Synod



The Importance of the Eucharist. Find information on the Diocesan website! https://www.fargodiocese.org/the-mass.

"In the bread of the Eucharist, creation is projected towards divinization, towards the holy wedding feast, towards unification with the Creator himself."

Pope Francis

Community & Diocesan Events

Catholic Daughters Meeting Tuesday, February 14, St. Anthony. Mass at 5:15 p.m., meal to follow, and meeting at 6:30 p.m. Any questions, please send an email to regentctstann@gmail.com.

Legion of Mary Invitation Please join Legion members on Sunday, February 19, 2:00 p.m. in St. Anthony's Social Hall. God is love, and love is what the Legion of Mary brings to the lonely and forgotten in our community. This ministry is centered around the Blessed Mother and her precious gift of the Holy Rosary. Our Legion is seeking new members – it is a faith-filled, rewarding commitment of only a few hours each week. Join us to learn more about the Legion of Mary, ask any questions you may have and enjoy some refreshments.

St. Williams Fish Fry, Friday, February 24, 4:30-7:00 p.m. Argusville Community Center. Free-will offering. Sponsored by the St. Williams Men's Club.

ENCOUNTER, Sunday, February 26, 5:30 p.m. Sts. Anne & Joachim. Come and "encounter" the Eucharist through this night of prayer and adoration, with special music.

Retrouvaille, A Lifeline for Married Couples. March 3-5. Matrimony: A calling to forgive. Retrouvaille offers hope: hope that it is not too late, hope of a different and better marriage. For more information, call 701-356-7903 or visit www.helpourmarriage.com

Catholic Married Couples Retreats. March 3-5, Franciscan Sisters of Diligen Retreat Center, Hankinson. Speakers Deacon Ben and Jennine Seitz. Mass, prayer, and reflection. Great food and cozy accommodations. Meet old friends and make new ones! For more information and registration: www.sixstonejars.org

Women's Cursillo, March 9-12 at Sisters of St. Francis Convent, Hankinson. To register or for more information call Deacon Leitner 701-840-1914, Doran 701-840-1257, or Chelsey 701-320-1270.

Catholic Man Night. Thursday, February 16, St. Anthony. 6:00 p.m. Adoration & Confession. 7:00 p.m. Meal and talk with a short discussion with featured speaker Jim McKinstra, Social Justice Coordinator. Free will offering for the meal. Come and bring a friend!

Body & Blood, Soul & Divinity – Retreat for Catholic Men. March 17-19 at the Franciscan Retreat Center, Hankinson. There will be Rosary, engaging large group talks, small group discussions, Mass, Confession, Eucharistic Adoration, private priest/deacon spiritual direction, a Eucharistic Miracles exhibit and more. Room & all meals provided, cost \$300. Register at www.ecclesiadomestica.net/registration or call St. Boniface, Lidgerwood 701-538-4604. See the bulletin board for more information.

Awaken – Women's Retreat – March 24-26, Maryvale, \$300-\$350. Three days of learning and interactive lecture. Fantastic workbook so you can receive, not take notes. Daily Mass, adoration, and confession. Time for relaxation and networking. www.fargodiocese.org/awaken-retreat or call 701-356-7901

Job Opening:

FT Office Manager - St. Thomas Aquinas Newman Center (www.undcatholic.org) on the University of North Dakota Campus in Grand Forks, ND is looking to hire a full-time Office Manager. This role would include both administrative and business office duties. These include answering phones and emails; greeting guest; coordinating volunteers and ministry schedules; keeping track of office supplies: organizing and preparing mailings; preparing the weekly bulletin and Newman Note email: maintenance of parish files, records, and database; Mass intentions and prayer requests; office calendar. Oversee all donations and deposits, payroll, pay all bills, prepare monthly financial statements, assist in preparation of tax receipts, prepare, and file all tax paperwork, maintain records and reporting for background checks and Safe Environment information. maintain personnel files, etc. Skills necessary: Love for the ministry the Newman Center offers to students, faculty, and staff on campus, willing to go above and beyond, when necessary, people skills, and knowledge of Google. Microsoft, and Adobe programs. Skills that would be beneficial: Ease in learning computer software programs or familiarity with ParishSOFT, Mailchimp, Dropbox, Squarespace, eTapestry, etc. Familiarity with business tax forms. Apply immediately. Position starts as soon as possible. Please send cover letter. resume and three references

to: chris.markman@undcatholic.org Position open until

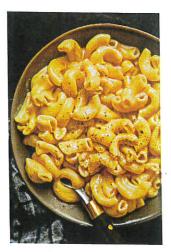
filled. https://www.undcatholic.org/office-manager



Meatless Meals for Lent



Looking for new meal ideas for during Lent? Maybe you have the best recipe and want to share.



GREAT!! Bring a recipe and grab a new one off the board.



Get those recipes to Julie!



Ash Wednesday - February 22

Masses at 9:00 a.m. & 7:00 p.m.

Stations of the Cross

Every Friday - 7:00 p.m.

The Chosen - Season 1

Most Fridays - 7:30 p.m. February 24, March 3, 10, & 24

Reconciliation Service

Thursday, March 16, 7:00 p.m.

Fish Fry

Friday, March 17, 5:30-6:30 p.m.

Pack the Pew

Non-Perishable food donations for our neighbors in need. We shall provide for our community.

Things To Give Up For Lent

Don't eat what you want.

Never leave the dinner table without making an act of self denial. If you want waffles for breakfast, make eggs instead. Instead of drinking orange juice or pop, drink water. Self Denial is a form of FASTING. Fasting is a prayer practice that involves denying yourself something in order to increase your spiritual awareness. Strengthen a commitment, or petition for God for something you or another person really needs.

Give something away - every day.

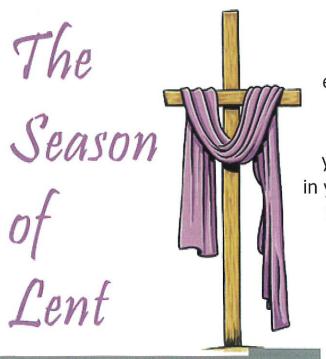
Maybe it's not your wardrobe that needs cleaning out, but consider giving something away each day, or each week, during Lent.

Don't interrupt people.

We could probably all do well to spend more time listening, and less time interjecting. God gave us TWO ears and ONE mouth. Listen more, speak less.

Stop complaining.

Have you ever stopped to think about how many times a day you complain about something? What if, instead, you find constructive ways to talk about your difficulties? What if you look for the good in people instead of focusing on any inconvenience we experience? Think positive, speak positive.



Don't waste downtime.

You don't have to give up social media or the like entirely, but you can be intentional about not using it during specific times. Take that time instead to pray, to breathe, to reach out to someone around you. You'll be amazed at the difference it can make in your day. This is another form of FASTING. Fasting is also about detachment, separating yourself form something that you have become overly attached to. It's a way of reclaiming your spiritual strength and regaining some balance in your life.

adapted from Best Lent Ever by Matthew Kelly

February 18-19, 2023 - 7th Sunday in Ordinary Time Ministries of Service

Masses	5:15 p.m. Saturday	8:30 a.m. Sunday	10:30 a.m. Sunday
Proclaimers	B. Kirkeby	F. McCann	M. Hoff
EMHC	*M. Pierce, M. Schiele, P. Pritchard	*F. McCann, W. Suchla, D. Chapek, **TBD	*M. Kern, A. Buettner, K. Hanson
Gift Bearers	J. Walter Family	J. Moody, D. Moore	R. Norton Family
Servers	M. Pierce, H. Schiele	E. Esposito, Volunteer	E. Buettner, Volunteer
Ushers	E. & C. Pablo	J. & M. Aberle	E. Hanson, B. Pagel
Greeters	G. Kirkeby, T. Tweeter	J. Moody, D. Moore	R. Norton Family
Rosary Leader	P. Pritchard	L. Metzger	K. Hanson
Sacristan	M. Pierce	F. McCann	M. Kern
Media Minister	N. Althoff	*Eucharist Minister **T	akes to home-bound

Feast/Holy Day the Week of February 12, 2023

February 14: Valentine's Day / Sts. Cyril & Methodius

Blessed Sacrament Directory

701-282-3321 ~ www.bscwf.org

Fr. Gary Luiten, Pastor - Gary@bscwf.org

Julie Yourczek - Parish Life / Volunteerism - Julie@bscwf.org

Lucy Elshaug - DRE/Youth Ministry - Lucy@bscwf.org

Mary Beth Odegaard - Support Staff - MaryBeth@bscwf.org

Ronda Voss - Music Coordinator - Ronda@bscwf.org

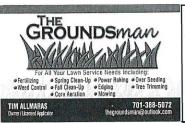
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joe.schweitzer@taxes-advisor.com Serving the F-M Area



Darren Rohrich 701-367-8676

darrenrohrich@gmail.com DAKOTA PLAINS

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Advertise Here! for \$3 per week Contact the Parish Office

701-282-3321

St. Francis Thrift Store

1425 1st Avenue South Fargo, ND 58103

Ph: 701-235-5944

Needed: Saleable items, cash donations (tax deductible), and volunteers

Purpose:

To help the needy in our community



Father Gary Luiten

701-282-3321 ~ www.bscwf.org



confidential services 701.237.6530

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