



Blessed Sacrament Catholic Church

210 5th Avenue W, West Fargo, ND 58078

701-282-3321

www.bscwf.org email: info@bscwf.org



February 25-26, 2023 – 1st Sunday of Lent

Daily Mass & Intentions



Sunday, February 26

8:30 a.m. – the Parishioners

10:30 a.m. – +Quinn Larson

Monday, February 27 - NO MASS

Tuesday, February 28 at *Sheyenne Crossings*

1:00 p.m. – +Edith Hellman

Wednesday, March 1

9:00 a.m. – Justin DeKeyser

Thursday, March 2

9:00 a.m. – +Leonard Pulkrabek

Friday, March 3

9:00 a.m. – Thank you to the Holy Spirit
for the Grace we have received.

Adoration 9:30a.m. – 12 p.m.

Saturday, March 4

Holy Hour with Adoration 3:30 – 4:30 p.m.

4-4:30 p.m. Reconciliation

5:15 p.m. – +Kay Morehead

Sunday, March 5

8:30 a.m. – the Parishioners

10:30 a.m. – +Debbie McCann



Offertory Gifts

February 18-19, 2023

Adult: \$6,575.54 Children: \$37

Improvements: \$484.07

Firm Foundation: \$175

Poor Fund: \$393.10

Collected to Date

Goal to Date

| | | |
|--------------|-----------------|--------------|
| \$49,450.98 | Adult | \$64,000.00 |
| \$241.00 | Children | \$240.00 |
| \$3,229.12 | Improvements | \$8,000.00 |
| \$454,382.40 | Firm Foundation | \$400,000.00 |



Welcome! Fr. Gary Luiten and the faithful of Blessed Sacrament welcome you. We hope your time with us may be blessed. May it also be an opportunity to join in fellowship of our faith and joy in Jesus Christ.

This Week



Sunday:

Coffee – 9:30 a.m. only

PK Class, 10:30 a.m.

Concessions, 11:30 a.m.

Bingo, 12:00 p.m.

RCIA, Tuesday, January 28, 7 p.m.

First Eucharist Parent Meeting:

Wednesday, March 1, 5:30 p.m.

Safety Team Meeting,

Wednesday, March 1, 7:00 p.m., Library

Knights of Columbus, Thursday, March 2, 7 p.m.

First Friday Adoration,

March 3, 9:30 a.m. – 12:00 p.m.

Stations of the Cross, Friday, March 3, 7 p.m.

The CHOSEN, Season 1 - Episodes 3 & 4,

Friday, March 3, 7:30 p.m., Social Hall

First Saturday Holy Hour with Adoration,

March 4, 3:30-4:30 p.m.

Stations of the Cross – 7:00 p.m.

All Friday's of Lent

The Chosen – Season 1 – 7:30 p.m.

Most Fridays of Lent

Reconciliation Service

Thursday, March 16, 7:00 p.m.

Fish Fry – Friday March 17, 5:30 – 6:30 p.m.

Easter Basket Sales – March 18/19 & 25/26

Pack the Pew – until March 26

LENT

Fish Fry, Fr. Gary Luiten will once again be the Chef Extraordinaire Friday, March 17, 5:30 - 6:30 p.m. Join us for a delicious meal, free will offering. The proceeds will go the Music Improvement fund. Following supper will be Stations of the Cross at 7:00 p.m. All are welcome to attend.

Interactive Lenten Journey. Take a moment before or after mass to partake in the interactive Lenten journey in the Gathering Area.

- Approach the table and think about what you would like God to forgive you of.
- Decide what your Lenten journey should be personally. Then "wash" your hands in the sand (this reminds us of our sins and for the time Jesus spent in the desert on Mount of Temptation).
- Next, rinse your hands with the water. Allow God to refresh you and the water to encourage you on your journey. If you wish, write down on the hearts how you will choose to fall more in love with Jesus (it will be anonymous) and place on the cross.
- Then look in the mirror and what do you see. Allow yourself to feel the presence of Jesus on the cross.
- Pray for all those who have placed hearts on the Cross.

Lenten Regulations

Everyone 14 years of age or older is bound to abstain from meat on all the Fridays of Lent, and Good Friday.

Pack the Pew is Here!! Our Parish Lenten Project. Please bring non-perishable food items and put them in the designated pew in the church. Food will be collected through March 26. As the weeks pass, the pew will become full for groceries for those in need.

Recipe Kiosk – In the Gathering Area. Take a recipe or 2. Bring some of your favorites to share. You can drop them off in the Parish Office or email to Julie@bscwf.org

Stations of the Cross Blessed Sacrament will host Stations of the Cross each Friday of Lent at 7:00 p.m. in the church. All are welcome to attend.

Mission Statement:

As loving disciples, we the faith community of Blessed Sacrament, strive for full and active participation in joyfully serving Christ while recognizing the gifts and dignity of all.

What are the Stations of the Cross?

When is the last time you truly reflected on the walk Jesus made to his crucifixion? Have you contemplated the agony and humiliation he went through? What about the emotions of Mary, his mother? What did she experience? The Stations of the Cross, also known as the Way of the Cross, provide us with an opportunity to reflect on Jesus' death and the sacrifice He made for us.

Practiced for over 1000 years, praying the Stations of the Cross is a popular devotion practiced by Catholics during Lent. Each station shows a pivotal moment during Jesus' Passion. Most Catholic Churches have a depiction of each Station either inside or outside of the Church. During Lent a priest or deacon will lead a procession to each Station and lead a congregation in specific prayers. These prayers allow us to reflect on Jesus' sacrifice for us.

Easter Flowers

Please use this form to make donations for the Easter environment.

Donations are due by Sunday April 2.

Please print clearly.

In memory of: _____
(Name of deceased)

In honor of: _____
(Name of living person)

Requested by: _____
(Your name)

Suggested donations:

\$25, \$35, \$50 per name

Make check payable to Blessed Sacrament. Drop this form and donation in the collection basket, take to the parish office or mail it to

210 5th Ave W, West Fargo ND 58078

Please publish my gift in the bulletin:
☐ Yes ☐ No

THE BEST LENT EVER!

Don't be a Consumer. Be a Disciple. A free daily Lenten Experience with Matthew Kelly. Sign up: <https://www.dynamiccatholic.com/lent.html>

The **CHOSEN Season 1** will be shown on most Friday's during Lent at 7:30 p.m., following Stations of the Cross. Bring your friends and family members, This is not your typical movie about Jesus.

March 3 – Episodes 3 & 4.
March 10 – Episodes 5 & 6.
March 17 – NOT SHOWING
March 24 – Episodes 7 & 8

Faith Formation



Class:

| | | |
|------------|---------|------------|
| PK | Feb. 26 | 10:30 a.m. |
| Grades 1-5 | Mar. 1 | 5:30 p.m. |
| B4WOW | Mar. 1 | 7:00 p.m. |
| PK | Mar. 5 | 10:30 a.m. |
| Grades 1-5 | Mar. 8 | 5:30 p.m. |
| WOW | Mar. 8 | 7:00 p.m. |

First Eucharist Parent Meetings: Wednesday, March 1, 8, and 15, 5:30 p.m.

RCIA Class Dates:

February 28
 March 7, 21, 28

FORMED – What to Watch. As we are entering into the season of Lent, Formed has so many options for us to become closer to God and join him in the desert during these 40 days. Some recommendations this week include: The Whole 40: Making a Spiritual Plan for Lent and The Spirituality of Lent, both providing ways that we can leave behind what WE think we need/want and reflect upon what God wants for our lives in order to prepare us for eternity. In The Spirituality of Lent, you will learn about the 5 temptations of the devil as he seeks to ruin our relationship with God. Some recommendations for kids include Brother Francis Let's Learn about Lent and Lent with Brother Francis. For many other options to grow spiritually during Lent, click on the purple box marked Lent at the top of the Formed platform. If you haven't yet joined Formed, now would be a good time to do so. Maybe fast from the secular and feast on the spiritual.

Also, If you are looking to add something to your Lenten journey in the desert with Jesus, a great book to read is The Last Hours of Jesus: from Gethsemane to Golgotha by Fr. Ralph Gorman which is available at Hurley's and through Sophia Institute Press.

Music Ministry



Joyful Voices

| Date | Warmup/Sing |
|----------|-----------------|
| March 12 | 9:30/10:30 a.m. |
| March 18 | 4:15/1:15 p.m. |
| March 26 | 9:30/10:30 a.m. |

Contemporary Choir

| Date | Warmup/Sing |
|----------|----------------|
| March 12 | 7:45/8:30 a.m. |
| March 26 | 7:45/8:30 a.m. |

Contact Ronda (Ronda@bscwf.org) if you are interested in assisting at Weekend Masses:

- Instrumentalists
- Song Leaders
- Substitute Accompanists

Singing activates the parts of our brain dedicated to movement, hearing, memory, language, planning, organization, and emotion. Singing induces a calm brainwave pattern.

Joyful Voices Choir is looking for more members! Contact Ronda for more information or call the Parish Office. Ronda@bscwf.org 701-282-3321

Parish Life



BINGO! February 26, March 5, 12, and 19, 12: Noon. Sponsored by the Knights of Columbus. Concession sales begin at 11:30 a.m. \$.50 per card per game. 10 regular games and 2 Specialty Games (\$1 each). All prizes are CASH!!

Daily Readings – January 22-28, 2022

February 26: Gn 2:7-9, 3:1-7, Rom 5:12-19, Mt 4:11
February 27: Lv 19:1-2, 11-18, Mt 25:31-46
February 28: Is 55:10-11, Mt 6:7-15
March 1: Jon 3:1-10, Lk 11:29-32
March 2: Est C:12,14-16,23-25, Mt 7:7-12
March 3: Ez 18:21-28, Mt 5:20-26
March 4: Dt 26:16-19, Mt 5:43-48

Happy Birthday! We pray for those who are celebrating a birthday this week.

- Maxine Pfeifer, March 1

Eucharistic Adoration. Eucharistic adoration is when the Eucharist is exposed for viewing. Fr. Gary removes the sacred host from the tabernacle and places it in the monstrance on the altar for adoration by the faithful. The exposed Eucharist must not be left alone. Blessed Sacrament parish has two Adoration opportunities each month:

- First Friday from 9:30 a.m.-12:00 p.m. and
- First Saturday Holy Hour from 3:30-4:30 p.m.

Our Sympathy to Lilibeth Stroik on the death of her brother Adelson Uy. May Adelson rest in the arms of our Lord in heaven.

Receive Notifications of our Streaming Masses.

Subscribe to the Blessed Sacrament YouTube channel!

<https://youtube.com/channel/UCPIK7Ix77I6WWtNNUQxt5rw>. Subscribe and click the bell, you will get notified of live broadcasts and newly uploaded videos.

Sick List: We pray for our ill parishioners and family members.

Ryan (grandson of Barb Opoien), Bryan Kuntz, Mike Anderson, David Erickson, Burr Ryan, George Schmidt, Jane Debing, Darlene Kirchoffner, Tacinca Laducer, Gaylas Pritchard, Gary Lammer.

Soup 'N More, March 9, 2023, will be hosted by St. Jude Circle. Be prepared to enjoy the delicious meal of Scalloped Potatoes and Ham, Salads, and Desserts.

We Pray In Remembrance of...

February 26: Vivian Dame

February 27: Joseph Shoman, Vernon Arion, Catherine Misheski, James Antonoplos

February 28: Wilbert Schuster

March 1: Mabel Neubauer

March 2: Albert Kale

March 3: Joanne Miller

March 4: Neva Gamerl

Volunteerism - Stewardship



MARCH/APRIL MINISTRY SCHEDULES (MINUS HOLY WEEK AND EASTER) ARE AVAILABLE BY THE PARISH OFFICE.

Available to help at masses during Holy Week?
Please contact Julie as soon as possible.

Believe it or not – summer is just around the corner. Julie needs your availability or lack thereof for ministry duties during the summer months. Thank you!

Reflections by Fr. Gary Luiten



**The First Sunday of Lent
February 26, 2023**

Having read the gospel, my thoughts were drawn back to the pilgrimage to Israel back in 2014. By the grace of God and the gift of a few parishioners, I saw all the places scriptures said that Jesus was tempted, which included The temple Parapet. This would have been on the south side, most likely since that side of the temple was on the edge of the hill. Scripture then says a high mountain which tradition tells us is east of Jerusalem, on the west side of the city of Jericho. We went up that mountain in a cable car. There is a monastery there, dedicated to our Lord and his remaining steadfast in his time of temptation.

Like Jesus' temptations, our temptations really do have an appealing side to them, otherwise we wouldn't want to do them in the first place! And isn't it interesting how in temptation, we are tempted again and again and again. If you find yourself tempted again and again and again, know that you are in good company! Jesus himself was tempted more than once, as we heard in the gospel today.

In response to temptation, God calls us to have strong and healthy prayer lives. This is a must to hold our families and societies together. And there will be times of temptation during Lent. Notice Jesus was tempted during his weakest time when he was fasting. He was hungry! And so don't be surprised if you find you are tempted more during Lent to break your resolutions. I always think of my Lenten journey this way: If the Evil One wants us to break our resolutions so bad, there must be something we are doing that is so right!

And so, may God's word and sacrament strengthen us this Lent to confidently resist temptation unlike our first parents Adam and Eve in the first reading today, and may God's grace help us to live out our dying and rising with Jesus each day, thereby helping us to become more like himself.

Diocesan Synod



The Importance of the Eucharist. Find information on the Diocesan website!
<https://www.fargodiocese.org/the-mass>.

In the words and gestures of the Last Supper, Jesus makes it clear that out of love for us he is freely offering his life for the forgiveness of our sins. In doing so, he is both the priest offering a sacrifice and the victim being offered. As priest, Jesus is offering a sacrifice to God the Father. Anticipating his Passion in the institution of the Eucharist, Christ has indicated the forms under which his self-offering would be sacramentally present to us until the end of time.

Community & Diocesan Events

Fish Dinners Fridays in Lent, 6:00 p.m., Holy Cross. Baked fish, shrimp, fish tacos, vegetarian lasagna, and mac and cheese.

Fish Dinners & Stations of the Cross. Fridays, March 3 and March 24, 5:30 p.m. at St. Benedict's Church of Wild Rice. Menu includes pike perch fish, baked mac and cheese, coleslaw, dinner roll, dessert, coffee, and lemonade. Free will offering. We hope you come for the wonderful dinner and fellowship! Followed by Stations of the Cross.

Universal Christ, by Richard Rohr OFM

Wednesdays – March 8, 15, 22, 29, and April 5, 12, 19, 26. 6:30- 8 p.m., Riverview Place. Sponsored by the Presentation Prayer Center. Through reading *The Universal Christ* and engaging in this group, participants will learn “about a forgotten teaching on Christ that can impact everything we see, hope for, and believe; [experience] the opportunity to learn and engage in Christian contemplative practices; [participate] in a community whose members are growing in their presence to one another; and setting intentions for becoming a more loving, engaged presence in the world.” For more information and to register, contact Scott at 701-799-2076, presentationprayercenter@gmail.com.

Women's Cursillo, March 9-12 at Sisters of St. Francis Convent, Hankinson. To register or for more information call Deacon Leitner 701-840-1914, Doran 701-840-1257, or Chelsey 701-320-1270.

Embracing Interfaith Cooperation. Wednesdays - March 8, 15, 22, 29 and April 5, 10-11:30 a.m. Riverview Place. Free will Offering. Sponsored by the Presentation Prayer Center. This 5-week study is for adults, young adults, and high school teens. The study's appealing video-journal format invites engagement and response. For more information and to register, contact Scott at 701-799-2076, presentationprayercenter@gmail.com.

What Is My Real Name? Lenten Retreat.

Saturday March 11, 9 a.m. - 12 p.m., Riverview Place, freewill offering. Sponsored by the Presentation Prayer Center. In this one-day Lenten Retreat or Day of Reflection and Prayer, each of us will try to explore and ask ourselves: What is my Real Name? What is my God-give Name? – the Name by which God has called me forth into this world and calls me each day of my life. It is the Name by which God has given me a unique identity, purpose and calling in life. For more information and to register, contact Scott at 701-799-2076, presentationprayercenter@gmail.com.

Pinochle Party. All are invited to play pinochle in the Holy Spirit Social Hall, 1420 7th St N, Fargo, Sunday afternoon, March 12, at 1:30pm. (Remember to turn your clocks forward, it is Daylight Savings Time weekend!) Bring a friend! You are welcome to bring a snack to share if you wish. You do not need to bring a card partner. Generally, we meet the second weekend of the month throughout the entire year. For more info call the parish office at 232-5900.

Body & Blood, Soul & Divinity – Retreat for

Catholic Men. March 17-19 at the Franciscan Retreat Center, Hankinson. There will be Rosary, engaging large group talks, small group discussions, Mass, Confession, Eucharistic Adoration, private priest/deacon spiritual direction, a Eucharistic Miracles exhibit and more. Room & all meals provided, cost \$300. Register at www.ecclesiadomestica.net/registration or call St. Boniface, Lidgerwood 701-538-4604. See the *bulletin board* for more information.

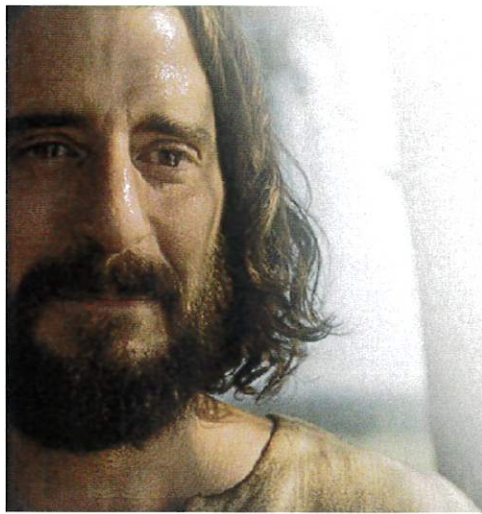
Worldwide Marriage Encounter March 17-19 at Holy Family Church & School in Grand Forks. The weekend is private and allows couples to focus just on each other. A communication tool is taught to help spouses get to know themselves better and to grow deeper in their married relationships. Live your best life in love! For more information, call Rob & Angie at (701) 347-1998 or apply at ndwwwme.org.

Stations of the Cross



Fridays this Lent
7:00 p.m.

Blessed Sacrament Catholic Church, 210 5th Ave W., West Fargo ND ~ 701-282-3321



The CHOSEN

Season 1

Most Fridays of Lent

7:30 p.m.

Episodes 1 & 2 - February 24

Episodes 5 & 6 - March 10

Episodes 3 & 4 - March 3

Episodes 7 & 8 - March 24

Bring your family and friends! Popcorn will be provided.

Blessed Sacrament Catholic Church ~ 210 5 Ave W, West Fargo ~ 701-2 82-3321



March 4-5, 2023 – 2nd Sunday of Lent Ministries of Service

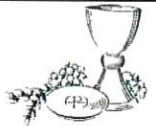
| Masses | 5:15 p.m. Saturday | 8:30 a.m. Sunday | 10:30 a.m. Sunday |
|---|---|--|--|
| Proclaimers | C. Paintner | J. Wells | K. Hanson |
| EMHC | *C. Pablo, C. Paintner, J. Jones, M. Pierce, S. Perreault | */**N. Peterson, M. Doster, M.A. Schuster, A. Pritchard, W. Suchla | *K. Hanson, A. Buettner, M. Regner, G. Larson, M. Kern |
| Gift Bearers | M. Pierce Family | Wells Family | J. & M. Regner |
| Servers | M. Pierce; Volunteer | Wells Crew | R. Regner; E. Buettner |
| Ushers | D. & E. Krogen | G. Yourczek, T. Allmaras | D. Epping, E. Hanson |
| Greeters | D. Krogen Family | W. & J. Suchla | Buettner Family |
| Rosary Leader | S. Bosch | S. Durbin | K. Hanson |
| Sacristan | C. Pablo | M. Doster | M. Kern |
| Media Minister | M. Berntson | | |
| *Bread Minister **Takes communion to the shut-ins and sick | | | |

Feast/Holy Day the Week of February 19, 2023

February 20: President's Day February 21: St. Peter Damian February 23: St. Polycarp

Blessed Sacrament Directory

701-282-3321 ~ www.bscwf.org



Fr. Gary Luiten, Pastor – Gary@bscwf.org

Julie Yourczek – Parish Life / Volunteerism – Julie@bscwf.org

Lucy Elshaug – DRE/Youth Ministry - Lucy@bscwf.org

Mary Beth Odegard – Support Staff – MaryBeth@bscwf.org

Ronda Voss – Music Coordinator – Ronda@bscwf.org

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Serving the F-M Area

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Council #6465

Meet first Thursday
of each month
at 7:00 p.m.

Classroom #4
Blessed Sacrament Church

Darren Rohrich
701-367-8676
darrenrohrich@gmail.com

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Fargo, ND 58103
Ph: 701-235-5944

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Purpose:
To help the needy in our community

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