



Blessed Sacrament Catholic Church

210 5th Avenue W, West Fargo, ND 58078

701-282-3321

www.bscwf.org email: info@bscwf.org



March 11-12, 2023 ~ 3rd Sunday of Lent

Daily Mass & Intentions



Sunday, March 12

8:30 a.m. – the Parishioners

10:30 a.m. – +William Fredrick Cahill

Monday, March 13 - NO MASS

Tuesday March 14 at Sheyenne Crossings

1:00 p.m. – +Danny Ulmer

Wednesday, March 15

9:00 a.m. – +Elaine Hazel Frison

Thursday, March 16

9:00 a.m. – +Jenny Pulkrabek

Friday, March 17

9:00 a.m. – +Bill Knoll

Saturday, March 18

Reconciliation 4:00 - 4:30 p.m.

5:15 p.m. – Matt Pierce

Sunday, March 19

8:30 a.m. – the Parishioners

10:30 a.m. – +Alma Grosz



Weekly Offering

March 4-5, 2023

Adult: \$10,687.42

Children: \$86

Improvements: \$726

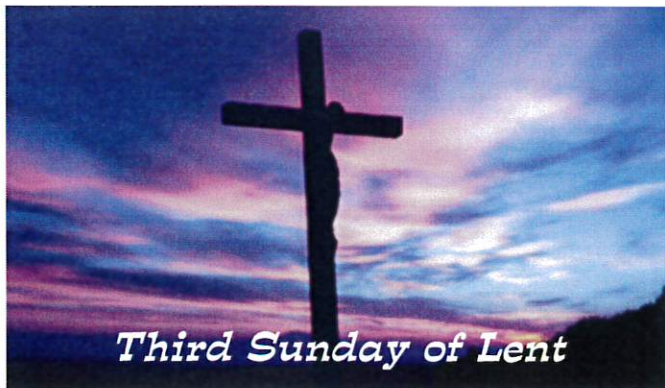
Firm Foundation: \$165

Poor Fund: \$601

Collected to Date

Goal to Date

\$65,979.95	Adult	\$80,000.00
\$361.00	Children	\$300.00
\$4,003.12	Improvements	\$10,000.00
\$454,401.40	Firm Foundation	\$400,000.00



Third Sunday of Lent

Welcome! Fr. Gary Luiten and the faithful of Blessed Sacrament welcome you. We hope your time with us may be blessed. May it also be an opportunity to join in fellowship of our faith and joy in Jesus Christ.

This Week



Sunday:

Coffee 9:30 a.m. only

PK class – 10:30 a.m.

Concessions – 11:30 a.m.

BINGO! – 12:00 p.m.

First Eucharist Parent Meeting

Wednesday, March 15, 5:30 p.m.

Reconciliation Service

Thursday, March 16, 7 p.m.

Fish Fry: Friday, March 17, 5:30 p.m.

Stations of the Cross, Friday, March 17, 7:00 p.m.

The CHOSEN is NOT being shown this week!

LENT

Stations of the Cross – 7:00 p.m.

All Friday's of Lent

The Chosen – Season 1 – 7:30 p.m.

Most Fridays of Lent

Reconciliation Service

Thursday, March 16, 7:00 p.m.

Fish Fry – Friday March 17, 5:30 – 6:30 p.m.

Easter Basket Sales – March 18/19 & 25/26

Pack the Pew – until March 26

Easter Basket Sales are NEXT two Weekends, before and after all Masses. St. Jude Circle is looking for donations for Easter Basket assembly. Items needed are:

- ❖ Individually wrapped easter candy.
- ❖ Donations of money are also appreciated.

Fish Fry, Chef Luiten will be in charge on Friday, March 17, 5:30 - 6:30 p.m. Join us for a delicious meal, free will offering. The proceeds will go toward the Music Ministry Improvement Fund. Menu: fried fish, mac & cheese, salads and desserts.

Interactive Lenten Activity. Please take a moment and participate in the interactive Lenten activity in the Gathering Area. There are 4 steps, just follow the directions.

Pack the Pew! The pew is filling with groceries for our friends in need! We keep 1/3 of the food for our Blessing Box and 2/3 will go to the Emergency Food Pantry. We will collect through March 26.

Recipe Kiosk – In the Gathering Area. Take a recipe or 2. Bring some of your favorites to share. You can drop them off in the Parish Office or email to Julie@bscwf.org

Reconciliation Service, Thursday March 16, 7:00 p.m. There will be 5 priests here to listen to confessions. Please join us and cleanse your heart for Easter. There are pamphlets on the bookcase in the Gathering Area called "How to Make a Good Confession". Take a look at them, they may help you in your reconciliation process.

Area Reconciliation Services

All services are at 7 p.m. unless noted.

- Thursday, March 16 – Blessed Sacrament
- Sunday, March 19 – Holy Spirit – 4:00 p.m.
- Tuesday, March 21 – Holy Cross
- Tuesday, March 28 – Sts. Anne and Joachim
- Wednesday, March 29 – St. Maurice (Kindred)
- Thursday, March 30 – Nativity
- Friday, March 31 – St. Leo's (Casselton)
- Sunday, April 2 – St. Mary's – 4:00 p.m.
- Sunday, April 2 – St. Benedict – 4:00 p.m.
- Tuesday, April 4 – St. Anthony
- Wednesday, April 5 – St. Paul Newman Center

Stations of the Cross. Each Friday of Lent at 7:00 p.m. in the church. All are welcome to join us.

Easter Flowers

Please use this form to make donations for the Easter environment.

Donations are due by Sunday April 2.

Please print clearly.

In memory of: _____
(Name of deceased)

In honor of: _____
(Name of living person)

Requested by: _____
(Your name)

Suggested donations:

\$25, \$35, \$50 per name

Make check payable to Blessed Sacrament. Drop this form and donation in the collection basket, take to the parish office or mail it to
210 5th Ave W, West Fargo ND 58078

Please publish my gift in the bulletin:
___ Yes ___ No

Why do Catholics Fast During Lent?

Fasting, along with prayer and helping the poor, is one of the three spiritual disciplines of Lent. These work as a three-fold conversion practice as we prepare for the joys of the Easter season. Fasting adds a serious edge to your prayer life. It is a prayer practice that involves denying yourself something in order to increase your spiritual awareness, strengthen a commitment, or petition God for something you or another person really needs.

Fasting is also about detachment - separating yourself from something that you have become overly attached to. It's a way of reclaiming your spiritual strength and regaining some balance in your life. Practicing some denial of our wants and needs in small ways can help us grow in self-discipline and the ability to put off momentary comfort for a larger, more important goal.

Fasting should not be misused to gain praise or sympathy, to manipulate, or to harmfully affect the body. Done correctly, it can be a spiritual practice that can take your prayer to a new and different level!

The CHOSEN Season 1, Final Episodes (7 & 8)
 Friday March 24 at 7:30 p.m., following Stations of the Cross.

Faith Formation



Class:

Grades 1-5	Mar. 15	5:30 p.m.
B4WOW	Mar. 15	7:00 p.m.
PK	Mar. 19	10:30 a.m.
Grades 1-5	Mar. 22	Mass 7 p.m.
WOW	Mar. 22	Mass 7 p.m.

For all Faith Formation Class Dates and Times, refer to the Faith Formation Calendar on the Blessed Sacrament Website at:
<https://www.bscwf.org/classes/>

RCIA Class:

March; 14, 21, 28

First Eucharist Parent Meeting, Wednesday,
 March 15, 5:30 p.m.

FORMED – What to Watch. As the Lenten season continues, there remains many videos, audio presentations, movies, and so much more that you can view and enhance not only your Lenten experience but to also increase your knowledge and love of our faith. Suggestions this week include Prayer-A Surge of the Heart located under the movie tab and then under documentaries which is designed to challenge us to make more time for God in our lives. Two other suggestions include: In the Footsteps of St. Patrick and St. Joseph, Our Spiritual Father, both of whom have feast days this month. We hope that if you have not yet signed up to receive Formed in your home that you will consider doing so especially during this Season of Lent as we journey towards Holy Week. Formed is free of cost and so worth your time. I am hearing from those who are using Formed that they love it. One parishioner shared that she especially enjoys watching the movies about the saints. There is something great for everyone!

Mission Statement:

As loving disciples, we the faith community of Blessed Sacrament, strive for full and active participation in joyfully serving Christ while recognizing the gifts and dignity of all.

Music Ministry



Joyful Voices

Date	Warmup/Sing
March 18	4:15/1:15 p.m.
March 26	9:30/10:30 a.m.

Contemporary Choir

Date	Warmup/Sing
March 26	7:45/8:30 a.m.

Singing with others is beneficial. When we sing together our bodies respond in remarkable ways. Brain chemicals that promote well-being, are released. Our immune system rises. Singing improves lung capacity, core strength, and vocal health which carries over into other aspects of our lives.

Joyful Voices Choir is looking for more members! Contact Ronda for more information or call the Parish Office. Ronda@bscwf.org
 701-282-3321

Parish Life



LAST BINGO Session will be March 19 at 12:00 p.m. Sponsored by the Knights of Columbus. Concession sales begin at 11:30 a.m. \$.50 per card per game. 10 regular games and 2 Specialty Games (\$1 each). All prizes are CASH!! THANK YOU, Knights of Columbus and B4WOW & WOW students and families!!!

Blessing Box – Nonperishable Food Donations
Welcome: Please help if you can. *"Give what you can. Take what you need. Above all, be blessed."*

Daily Readings – March 12-18, 2023

March 12:	Ex 17:3-7, Rom 5:1-2,5-8, Jn 4:5-42
March 13:	2 Kgs 5:1-15ab, Lk 4:24-30
March 14:	Dn 3:25,34-43, Mt 18:21-35
March 15:	Dt 4:1,5-9, Mt 5,17-19
March 16:	Jer 7:23-28, Lk 11:14-23
March 17:	Hos 14:2-10, Mk 12:28-34
March 18:	Hos 6:1-6, Lk 18:9-14

Email Addresses, Phone Numbers and Emergency Contact Information: Does the Parish Office have your current contact information on file? Call 701-282-3321 or email MaryBeth@bscwf.org to verify your information.

Dear Parishioners of Blessed Sacrament,

I want to extend my sincere thanks for supporting our (Trinity Elementary) Catholic School families in need of lunch funds. Your generous giving is so appreciated.

Blessings this Lenten Season,
Mrs. Flieth, Principal

God's Gift Appeal 2023. Thanks to all our parishioners who have made their gift to the 2023 God's Gift Appeal. If you have not yet made a gift or pledge, please fill out a commitment card located in the Gathering Area book rack. Please participate in the support of our diocesan church.

Homebound? Can't go to Sunday Mass?

- Would you like to receive communion?
Put your name on the 'In-Home Communion' list. Call the Parish Office, 282-3321, give your name, address, and phone number.
- Watch Blessed Sacrament Mass on TV! We record Saturday Mass and play it on West Fargo Public Access Cable channel, *Sunday mornings at 10:30 a.m.*
- Watch Sunday Mass on the Blessed Sacrament YouTube Channel Go to **YouTube** search for *Blessed Sacrament Church West Fargo ND.*

Or copy and paste this link:

<https://www.youtube.com/channel/UCPIK7lx77I6WwWtNNUQxt5rw>

Moving? All parishioners are reminded to please call the Parish Office, or drop a note in the mail, whenever you move either within the parish or out of the parish.

Pastoral Council Elections: Elections for two new members of the Pastoral Council, will be held the weekend of March 25-26. Those elected will serve a three-year term. They will be replacing Alli Schweitzer and Jamie Regner. If you have the opportunity, please thank Alli and Jamie for their service to our parish. Who can vote? All registered parishioners 18 years old and over. **The 2023 Candidates are: Ali Schweitzer, Rob Haugen, Robert Norton, and Mary Pierce.**

Sick List: We pray for our ill parishioners and family members..

Jack Fuller, Pauline Klinger, Theresa Dooley, Carole Bitterman, Ryan (grandson of Barb Opoien), Bryan Kuntz, Mike Anderson, David Erickson, Burr Ryan, Gaylas Pritchard, Gary Lammer.

We Pray In Remembrance of...

March 12: Margaret Beaton

March 13: Rose Edin, Alfred Petermann

March 14: Thomas Faltersack, Rose Ostlund,
Beverly Rausch

March 15: Phyllis Cavegn, Donald Beach

March 16: Joseph Hebert, Mabel Hayek,
Rose Rohrich

March 18: Alfred Noe, Lawrence Gustin

Soup 'n More. We will serve a meal on February 23, **from 5:30-6:30 p.m.** Take-out meals will be available. Free will offering.

Volunteerism - Stewardship



Holy Week Assistance Needed!

Holy Thursday – April 6

Stew Supper (5:30-6:30 p.m.) – Kitchen & Dining Room Assistance.

Mass (7:00 p.m.) – Ushers, Greeters, Servers, 12 people (young or old) to have their feet washed, Environment Change Assistance following Mass.

Good Friday – April 7 (12:10 p.m.)

– Ushers, Greeters, Servers, Large Cross Bearers, Environment Change Assistance following the Service.

Easter Vigil – April 8 (8:30 p.m.)

Mass – Ushers, Greeters, Reception following Mass – Kitchen & Dining Room Assistance needed.

Easter Sunday – April 9 (8:30 & 10:30 a.m.)

– Ushers, Greeters, Servers.

Contact Julie in the Parish Office if you are available. 701-282-3321 or Julie@bscwf.org.

Reflections by Fr. Gary Luiten



the 3rd Sunday of Lent
March 12, 2023

The readings this weekend are about the importance of water. In the reading from Exodus, Moses finds the people grumbling again because they were thirsty. So Moses did something about it. He struck the rock with his staff, and water flowed for all the people to drink.

In the gospel today, Jesus tells the woman at the well he will give her living water, which is the spiritual water one needs for the everlasting life of the soul. The gospel shows us that Jesus is the one, and the only one, who can quench our spiritual thirst.

The Church Fathers tell us that Jesus is also indirectly referring to the Sacrament of baptism, when water was poured over us and we became children of God and members of God's family. On Easter Sunday and the Easter Vigil, we will have the opportunity to renew our own baptismal vows. Sometimes it's hard to live out our Catholic faith for a whole lifetime. But if we take our life and split it up into manageable chunks, it is quite possible to live. So that is why we renew our baptismal vows every year.

The Church also tells us that in the narrative of the woman at the well, Jesus is hinting at the well of the Eucharist. He wants us to come to the Eucharist! How often do we come to Mass? Do we come every Sunday or every Saturday evening, like we are called to? Hopefully we do. And if we do, do we really realize what we are receiving? It is not just a symbol, but really is Jesus! It is the same person we serve in one another. It is the same person we offend in one another. The Eucharist is the same person we help in one another.

In addition to the importance of the Eucharist and Baptism, the gospel also is telling us something else very important. For centuries, Jews and Samaritans were bitter enemies, because the Samaritans were half-breeds. They were Jews who intermarried with non-Jews, which was against the Jewish law. They were not even on speaking terms. Jesus changed all that in today's gospel by speaking to the Samaritan woman. Have we not all a lesson to learn from our Lord's mercy and kindness, which broke through racial and national barriers on that day in Samaria?

And so, let us continue to pray that we may never take our faith for granted. May we joyfully accept the Sacraments God has to offer especially Baptism and the Eucharist, and may we live those out in our lives by treating others as our brothers and sisters in Christ.

Diocesan Synod



UPDATE

March New Earth Magazine, page 10...

"Synod listening sessions highlight successes and challenges."

This article will update you on the Listening Sessions that have been scheduled throughout the Fargo Diocese. You will read what attendees thought was working well and some of the challenges faced by our parishes.

The saving work of Jesus Christ is now represented in the celebration of the Eucharist. The Eucharist makes present the one sacrifice of Christ the Savior.

Pope St. John Paul II

Community & Diocesan Events

Fish Dinners Fridays in Lent, 6:00 p.m., Holy Cross. Baked fish, shrimp, fish tacos, vegetarian lasagna, and mac and cheese.

Fish Dinners & Stations of the Cross. Friday, March 24, 5:30 p.m. at St. Benedict's Church of Wild Rice. Menu includes pike perch fish, baked mac and cheese, coleslaw, dinner roll, dessert, coffee, and lemonade. Free will offering. We hope you come for the wonderful dinner and fellowship! Followed by Stations of the Cross.

Catholic Daughters of the Americas will meet Tuesday, March 14, at St. Anthony's beginning with Mass at 5:15 p.m., meal to follow, and meeting at 6:30 p.m. Members are invited to bring non-perishable donations. If interested in CDA, please join us at our meeting. Any questions, please send an email to regentctstann@gmail.com.

Turkey Dinner, Sunday, March 19, 11: a.m. – 1:30 p.m., St. Andrew's, Hawley MN. Turkey and all the trimmings, assorted salads & desserts. Adults \$15, Ages 6-12 \$5, Preschool Free.

I Thirst – Women's Retreat. March 17-19 or July 7-9, Maryvale. Enter the spirit of St. Teresa of Calcutta through prayer, dialogue, adoration. Cost \$130. For more information call 701-845-2864 or email maryvalesmp@gmail.com

Body & Blood, Soul & Divinity – Retreat for Catholic Men. March 17-19 at the Franciscan Retreat Center, Hankinson. Room & all meals provided, cost \$300. Register at www.ecclesiadomestica.net/registration or call St. Boniface, Lidgerwood 701-538-4604.

Worldwide Marriage Encounter March 17-19 at Holy Family Church & School in Grand Forks. For more information, call Rob & Angie at (701) 347-1998 or apply at ndwwme.org.

DATE CHANGE - Catholic Man Night Bring a friend, bring your sons, and join us as we deepen our relationship with Jesus Christ, learn more about our incredible faith, and arm ourselves for battle against the secular culture. The night begins with adoration and confession at 6 p.m., followed by a simple meal and speaker at 7 p.m.

- **March 21:** Holy Spirit, Fargo. Speaker Mark Holcraft.

High School Musical On Stage! The 2023 Shanley High School Players will be performing Disney's High School Musical On Stage. The **First Nighter Dinner and Show:** Thursday, March 23 in the Sts. Anne and Joachim Social Hall - with a social beginning at 5:30 p.m. and dinner at 6:00 p.m. Musical to follow at Shanley Grow Auditorium. For more information, email the First Nighter Committee at ShanleyFirstNighter@outlook.com by March 15. Additional performances will be March 24 & 25 at 7:30 p.m. and March 26 at 2:00 p.m. Tickets available for additional performances online at showtix4u.com.

Charism Workshop - Sunday March 26

Unlock your gifts this Lent. You received one or more special gifts at Baptism called a charism. What is your charism? Fr. Keller will be teaching a Charisms Workshop on Sunday, March 26, from 1-5:30pm at Holy Spirit parish, 1420 7th St N, Fargo. Participants will learn what charisms are, how one discerns them, and how God uses you in serving others. Contact Holy Spirit Parish for more information sarah@holyspiritfargo.com or (701) 232-5900. Workshop is free.

Pilgrimage to the Holy Land with Bishop John Folda. October 21-31, 2024. \$4,700 from Chicago. All-inclusive except lunches. More information at www.fargodiocese.org/events/holy-land.

Sacred Art Lenten Retreat March 27-31, Maryvale, Valley City. Join this unique opportunity for a sacred art retreat. The retreat is open to men and women (must be 18 or older) and will include Mass and individual prayer time each day. Price \$585 includes single room/shared bath, meals, and all art supplies \$685 includes single room/private bath. For more information call 701-356-7909 or www.fargodiocese.org/art-lent-retreat

Made for Greatness – Men's Retreat, July 14-16, Stiklestad Lodge, Ft. Ransom. This event will help men encounter God in a deeper way. Guided by Bishop John Folda, . The retreat will feature profound spiritual insights by His Excellency, Mass, confession, prayer and reflection, and time for growing as brothers in Christ. Cost \$250. Register at www.fargodiocese.org/mfg-retreat or call 701-356-7903.

Job Openings:

FT Administrative Assistant. The Diocese of Fargo is currently accepting applications for an Administrative Assistant. This is a support position to Finance and Administration, which includes areas of finance, HR, development, properties, and technology. Candidate must have strong computer and critical letter composition skills, with 3-5 years of experience, and knowledge of Catholic Church structure and practices. Work will include data entry, answering phones, accounting, HR, savings and loan, development, events, foundation, legal, insurance, property, brochure design, web page maintenance and related support to 1-4 individuals. FT position with benefits. Submit cover letter and resume with three references to: Barbara.augdahl@fargodiocese.org. Position is open immediately.

FT Director of Finance & Administration

St. Paul's Newman Center in Fargo is currently accepting applications for a Director of Finance & Administration. This position oversees and executes the finances of St. Paul's Newman Center, Newman Living, and Crux Coffee, along with HR and administrative tasks. Candidate must have strong organizational, communication, critical thinking, and computer skills: previous accounting experience is preferred. Knowledge of Catholic Church structure and practices is required. This position is FT with benefits. Submit cover letter, resume, and three references to frcheney@bisoncatholic.org.

Easter Basket Sales



Before and After weekend Masses

*March 18 & 19,
March 25 & 26*

Blessed Sacrament Catholic Church

210 5th Ave W, West Fargo ND

March 18-19, 2023 – 4th Sunday of Lent

Ministries of Service

Masses	5:15 p.m. Saturday	8:30 a.m. Sunday	10:30 a.m. Sunday
Proclaimers	S. Neva	J. Yourczek	M. Kern
EMHC	*S. Neva, J. Neva, K. Jalbert, E & C. Pablo	*/**B. Opoien, L. Sample, A. Pritchard, J. Yourczek, F. Lenzmeier	*L. Wegner, B. Larson, M. Kern, M. Regner, A. Buettner
Gift Bearers	J. Walter Family	F. & D. Lenzmeier	R. Norton Family
Servers	H. Schiele, Volunteer	Volunteer	J. Norton, R. Regner
Ushers	B. & D. Christl	S. Hartze, G. Yourczek	J. Regner, R. Fischer
Greeters	J. Walter Family	G. & J. Yourczek	R. Norton Family
Rosary Leader	P. Pritchard	L. Metzger	M. Kern
Sacristan	J. Neva	J. Yourczek	M. Regner
Media Minister	M. Berntson		
*Bread Minister **Takes communion to the shut-ins and sick			

Feast/Holy Day the Week of March 12, 2023

March 17: St. Patrick March 18: St. Cyril

Blessed Sacrament Directory

701-282-3321 ~ www.bscwf.org

Fr. Gary Luiten, Pastor – Gary@bscwf.org

Julie Yourczek – Parish Life / Volunteerism – Julie@bscwf.org

Lucy Elshaug - DRE/Youth Ministry - Lucy@bscwf.org

Mary Beth Odegaard – Support Staff – MaryBeth@bscwf.org

Ronda Voss – Music Coordinator – Ronda@bscwf.org

Facebook:

Blessed Sacrament Church - West Fargo

Twitter:

Blessed Sacrament@Blessed_W_Fargo



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<p>Knights of Columbus Council #6465</p> <p>Meet first Thursday of each month at 7:00 p.m.</p> <p>Classroom #4 Blessed Sacrament Church</p>	<p>Darren Rohrich 701-367-8676 darrenrohrich@gmail.com</p> <p>DAKOTA PLAINS REALTY DakotaPlainsRealty.com</p>	<p>TRS INDUSTRIES FARGO, ND</p> <p>Custom Covers for Anything 1-701-277-1749—Fargo, ND</p>	<p>Advertise Here! for \$3 per week Contact the Parish Office 701-282-3321</p>
<p>FOR \$3 PER WEEK THIS SPOT COULD BE YOURS! CALL THE PARISH OFFICE 701-282-3321</p>	<p>St. Francis Thrift Store 1425 1st Avenue South Fargo, ND 58103 Ph: 701-235-5944</p> <p>Needed: Saleable items, cash donations (tax deductible), and volunteers Purpose: To help the needy in our community</p>	<p>BLESSED SACRAMENT CATHOLIC CHURCH Father Gary Luiten 701-282-3321 ~ www.bscwf.org</p>	<p> firstchoice CLINIC "Putting You First"</p> <p>free confidential services 701.237.6530</p> <p>pregnancy Tests -Limited Ultrasounds -Resources & Referrals -STI Testing</p>