



Blessed Sacrament Catholic Church



210 5th Avenue W, West Fargo, ND 58078

701-282-3321

www.bscwf.org email: info@bscwf.org

July 19-20, 2025 ~ 16th Sunday in Ordinary Time

Welcome! Fr. Gary Luiten and the faithful of Blessed Sacrament welcome you. We hope your time at Blessed Sacrament may be an opportunity to join in fellowship of our faith and joy in Jesus Christ.

Daily Mass & Intentions

Sunday, July 20

9:30 a.m. – the Parishioners

Monday, July 21 - NO MASS

Tuesday, July 22 at Sheyenne Crossings

1:00 p.m. – +Ted Nilles

Wednesday, July 23

9:00 a.m. - +Philip & +Dorothy Nagel

Thursday July 24

9:00 a.m. – For Souls in Purgatory

Friday, July 25

9:00 a.m. – +Mary Breker

Parish Office Closed

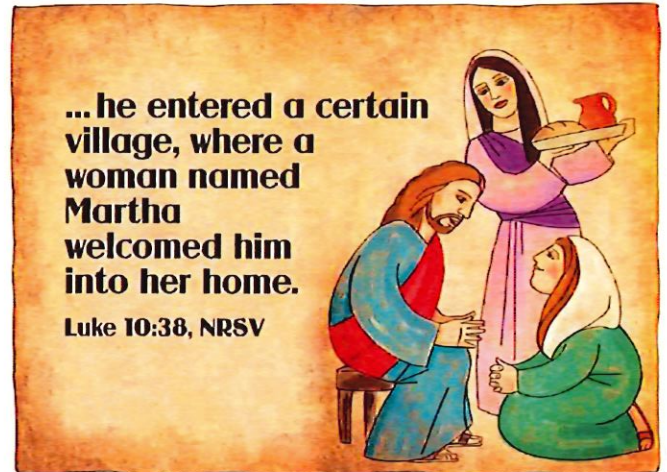
Saturday, July 26

Reconciliation 4:00-4:30 p.m.

5:15 p.m. – +Albert & +Elsie Sadowski

Sunday, July 27

9:30 a.m. – the Parishioners



This Week

Tuesday, July 22, 2025

Finance Council Meeting, 7:00 p.m.

Thursday, July 24, 2025

Kitchen Konnection, 5:30 p.m.

Friday, July 25, 2025

Parish Office Closed

Faith Formation

TWO WEEKS LEFT FOR EARLY

REGISTRATION. Please get your children registered for Faith Formation. Forms are in parish office or online.

Are you called to Catechesis?: You don't need to be a theologian; training and support is provided every step of the way. Imagine the positive impact you will have on our youth, our community, and your own spiritual growth. Julie is standing by to hear from you and help you prepare. Pick up the phone and call Julie at 701-282-3321 or email her at julie@bscwf.org.

Weekly Offering

Thank You for Your Support!

July 12-13, 2025

Adult: 4,807.76		Children: \$9
Improvements: \$200		Poor Fund: \$591.23
Collected to Date		Goal
\$230,897.75	Adult	\$243,600.00
\$790.00	Children	\$870.00
\$13,715.42	Improvements	\$29,000.00
\$155,151.19	Living our Faith	\$400,807.00
\$59,666.00	God's Gift	\$71,975.59

Music Ministry

Contact Ronda (Ronda@bscwf.org) if you are interested in assisting at Weekend Masses:

- Instrumentalists
- Song Leaders
- Substitute Accompanists

Parish Life

Baptism Basket. There is a baptism basket in the Gatherin Area for 2 month old, Tobias Roscoe Diver, son of Chris Diver & Emily Ertel. Please help fill the basket with baby shower items.

Bulletin Deadline: Articles are due to Mary Beth in the Parish Office, Tuesdays by Noon, for the following Sunday. Drop them off in the office or email MaryBeth@bscwf.org.

Daily Readings – July 20-27, 2025

July 20: Gn 13:1-10a, Col 1:24-28, Lk 10:38-42

July 21: Ex 14:4-18, Mt 12:38-42

July 22: Sg 3:1-4b, Jn 20:1-2, 11-18

July 23: Ex 16:1-5, 9-15, Mt 13:1-9

July 24: Ex 19:1-2, 9-11, 16-20b, Mt 13:10-17

July 25: 2 Cor 4:7-15, Mt 20:20-28

July 26: Ex 24:3-8, Mt 13:24-30

Family Room! We are blessed to have a wonderful room for our families with young children. The Family Room is on the north side of the church (The room with the blue chairs). This room is reserved for infants and toddlers with their parents and people with special needs during Mass.

Give+ Online, Mobile, or Automatic Withdrawal Giving: Give+ Online, Mobile, or Automatic Withdrawal Giving allows you to contribute to Blessed Sacrament and not worry about donation envelopes. Use online giving from your computer or smart device to schedule one-time or recurring donations! Or Automatic-Withdrawal (forms online or in the Parish Office.)

- **Online Giving:** www.bscwf.org, choose 'Get Involved' and 'Give+ Online'.
- **Mobile App:** Download "GivePlus Church" free.
- **Automatic Withdrawal:** www.bscwf.org, choose 'Get Involved', 'Donate', 'Automatic Withdrawal' or Contact MaryBeth@bscwf.org to receive a form.

Thank you for your support.

God's Gift Appeal 2025. Thanks to all our parishioners who have made their gift to the 2025 God's Gift Appeal. Blessed Sacrament is **92.34%** toward our goal of \$71,975. If you have not yet made a gift or pledge, please fill out a commitment card located on the bookcases in the Gathering Area. Please participate in the support of our diocesan church.

Happy Birthday! We pray for those who are celebrating a birthday this week.

- Joseph Volk, July 20



Upcoming dates, and themes:

July 24 – Polish Night

August 14 – Italian Night

August 28 – Back to School Already!

**Menus are subject to change*

Knights of Columbus Raffle Drawing is THIS SUNDAY, July 20 at 11:00 a.m. Winners will be announced in next weekend's bulletin.

Knights of Columbus Council # 6465

Faith in action. Catholic men living their faith at home, in their parish, and their community.



Next Meeting: Thursday, September 4, 7 p.m.

2025-2026 Officers

Grand Knight: Eduardo Pablo
Deputy Grand Knight: Rory Lee
Chaplain: Fr. Gary Luiten
Financial Secretary: Darrell Dimmer
Treasurer: Darren Rohrich
Recorder: John Jones
Chancellor: Steve Curfman
Advocate: Colter Pratt
Warden: Chris Diver
Inside Guard: Rob Haugen
Outside Guard: Rick Olstad
Trustees: Bill Rohrich, Shawn DeKeyser,
Steve Perreault

New Member Registration. If you are interested in becoming a registered member of Blessed Sacrament, please see Fr. Gary Luiten, call the Parish Office 701-282-3321 or register on our website <https://www.bscwf.org/become-a-member/>

Prayer Requests: We pray for our parishioners and family members.

***Those who are sick or have medical problems:**

*Louis Hartle (brother of Isabel Liska),
Anthony Suppa (brother of Mike Suppa),
Shirley Olson, Kathy Camp,
Helen-Jeanne Puvogel, Rodney Loberg,
Betty Pritchard, Kathleen Bennett,
Sandra Nowacki, John Anderson*

***Those who are healing:**

*Michelle Polries, Pauline Klinger, Kerry Stroik,
Joann Moody, Kolby Hunsicker, Gary Lammer*

***Other prayer requests:**

*Marge Cossette, The Bosch Family,
Drew Birrenkott, Jason Stone, Cindy Wulff*

Putt 4 A Purpose – Golf Event.

Bishop John Folda invites you to **Putt 4 a Purpose**, at the 19th Annual Bishop's Charity Golf Classic, benefiting Seminarian Education and Youth Programs. Join the fun and fellowship by heading to Rose Creek Golf Course in south Fargo on Monday, August 4th for a round of golf, dinner, and prizes. **Register three golfers and bring your Priest, as your 4th player for free!** Register online at: www.fargodiocese.org/puttpurpose

If you are not a golfer, please consider sponsoring a priest or seminarian or a hole on the golf course. Your contribution will help support the event and defray costs.

For further information, please contact Steve Schons in the Stewardship and Development Office, 701-356-7926 or steve.schons@fargodiocese.org.

Summer Office Hours, the Parish Office is closed on Fridays for the summer.

We Pray In Remembrance of...

July 20: Sandy Johnson

July 21: Gary Speich, Milo Haugen

July 23: Danny Ulmer

July 24: Michael Dobush

July 25: Melvin Knudson

Sacraments

Contact Fr. Gary Luiten regarding any of the following sacraments.

701-282-3321 or Gary@bscwf.org

- **Baptism:** Parents must attend a preparatory class before the baptism can take place.
- **Marriage:** To be married at Blessed Sacrament, one or both persons of the engaged couple must be practicing Catholics. Contact Fr. Gary Luiten at least six months prior to the wedding.

- **Reconciliation:** Saturday at 4:00 p.m. and upon appointment.
- **For the Sick:** You are encouraged to seek the Sacrament of the Sick if you are suffering from a serious illness or are going to be admitted to the hospital for surgery.

Reflections by Fr. Gary Luiten

the 16th Sunday in Ordinary Time - July 20, 2025

The Lord in the readings this weekend gives us examples of welcoming and serving others. In the first reading, Abraham welcomed God into His life. He sought to serve God by welcoming three men which represent the Lord, our triune God. We can learn from Abraham and Sarah to continue to deepen our spirit of service and to welcome God.

In the gospel today we also see a spirit of welcoming service as well. Martha waits on and serves Jesus. And Jesus isn't upset with Martha for serving Him, but He is upset with her worry and anxiety. At first, one almost feels sorry for Martha when Jesus tells her to stop bothering Mary. But Jesus wasn't condemning Martha. After all, she was preparing the food! Somebody had to do that lest they starve. Aside from Martha's worrying, she is a good example of service.

You and I are called to welcome and serve God in our lives as well. We welcome God when we attend Mass regularly. Jesus knocks on the door to our hearts. And by our coming to Mass, we let Him in so he can take residence in a special way in our lives. Welcoming Jesus in the Eucharist doesn't benefit Jesus so much as it benefits us. Jesus can work miracles in our lives when we welcome Him.

Besides welcoming the Lord, since Jesus is present in one another, since we are all created in God's image and likeness, we are also called to welcome others. One way of welcoming others is to simply spend time with them and not necessarily say anything inspiring at all.

And so, may God give us the grace and strength to continue to be a people who welcome God and others into our lives each day this summer and always.

Volunteerism - Stewardship

Calling All Qualified Parishioners for the Following Ministries: ushers, servers, greeters, gift bearers, sacristans, and Eucharistic Ministers. Contact Julie if you want to get involved in our weekend liturgies. 701-282-3321

THANK YOU TO ALL WHO DONATED BLOOD!!
A heartfelt **thank you** for making June's blood drive a success! During the summer, on average, several thousand fewer donations are given each month compared to the rest of the year, while patients still need transfusions every day. Your willingness to step up and serve your community means so much.
Blood Drive Results:

- ✓ 14 of 21 appointment slots filled
 - ✓ 16 people volunteered to donate
 - ✓ 14 were able to donate
 - ✓ 2 Power Red (double) donations
 - 😊 2 people gave for the first time!
 - 🩸 16 units of blood collected for local patients!
- Each donation collected will make a meaningful difference to patients in need, and it's all thanks to your dedication and hard work.

Please share our gratitude with everyone who participated and supported the drive. We couldn't do this without champions like you, and we're looking forward to working with you again to save even more lives in the future!

~Jessica Grantham

Are you called to Catechesis?: You don't need to be a theologian; training and support is provided every step of the way. Imagine the positive impact you will have on our youth, our community, and your own spiritual growth. Julie is standing by to hear from you and help you prepare. Pick up the phone and call Julie at 701-282-3321 or email her at julie@bscwf.org.

BAKERS: Contact Julie if you plan to bake for a specific Kitchen Konnection dinner. The next few dates are July 24, August 14 & 28. We serve anywhere from 50-110 people. Usually provide a few different types of desserts. Please let Julie know if you plan to bake for a certain dinner 701-282-3321. If Julie does not hear from people a head of time she makes calls to ask individuals to bake.

Jubilee Year of 2025

International Pilgrimage Site
Our Lady of Czestochowa, Jasna Gora, Czestochowa, Poland. The Sanctuary of Our Lady of Czestochowa in Poland houses



this icon of the Virgin Mary which is centuries old. It is visited by millions of pilgrims annually and stands as a symbol of the enduring faith of the people of Poland. Pope John Paul II visited the shrine on his first trip to his homeland after being elected to the papacy.

Great Mother of God, Help us to rediscover all the simplicity and dignity of the Christian vocation. Sanctify families. Watch over the souls of the young and the hearts of the children. I entrust the whole Church in you maternal heart. Amen.

His Holiness Pope St. John Paul II, June 4, 1979

Diocese of Fargo Jubilee Collectable Coins & Pilgrim Guide. There are six Jubilee sites in the Diocese of Fargo and the faithful are encouraged to visit these sites and gain the Jubilee Year Indulgence. At each site the faithful are welcome to collect a coin unique to that site as a reminder of their pilgrimage. Make sure to find the Jubilee poster at each site with a QR code for pilgrims to log in their visit. If you visit all six sites, you can receive the Diocese of Fargo coin. There are brochures about the coins at each site. A free will donation is requested for the coins. In addition, there is an on-line pilgrim guide available as a PDF and eBook. <https://www.fargodiocese.org/jubilee-pilgrim-guide>

Community & Diocesan Events

Rachel Vineyard Retreat: Hope and Healing
Have you, or someone you know, suffered from the physical, emotional, or spiritual effects of a past abortion? **Rachel's Vineyard** offers a safe, non-judgmental, and confidential weekend retreat for anyone – including women, men, couples, grandparents, or siblings - who struggle with the feelings of loss or guilt that can accompany an abortion experience. The weekend begins on Friday evening and concludes on Sunday afternoon. The next Rachel's Vineyard Retreat in the Diocese of Fargo is scheduled for **August 8-10, 2025**. For more information, contact, Sherry at 701-520-1229 or Tim at 701-799-2051 or email rvregister@yahoo.com. All inquiries are strictly confidential.

Praying with the Shroud: A Message of Hope, August 22-24, 2025, Maryvale Retreat Center. Come and seek to enhance your prayer life by learning how the Holy Shroud of Turin can provide you with additional options for contemplation and meditation. Retreatants will receive a comprehensive array of Shroud information from speaker Jim Bertrand, M. Ed, who has 10 years of experience of sharing the message across more than 45 dioceses. He will be offering five conference sessions and will be available to answer individual questions. Mass, adoration, and Sacrament of Reconciliation will be available. Check it out at <https://maryvalend.org/8-24-25-shroud>.

Man of the Shroud Exhibit, August 24-25, 2025, Cathedral of St. Mary's. The traveling Shroud of Turin is believed to be the burial cloth of Jesus Christ. The exhibit will include an exact replica of the Shroud along with panels of historical and scientific information. The exhibit will be in the social hall of St. Mary's Cathedral all week, please check the Cathedral website for open hours. No cost or registration necessary. On Sunday, August 24 and Monday Aug 25, there will be special presentations by Jim Bertrand, an expert on the Shroud. It will be live streamed. More info: <https://www.fargodiocese.org/shroud-exhibit>

Diocese of Fargo Prairie Pilgrimage, August 25-26, Maryvale Retreat Center. Two-day pilgrimage to the six Jubilee sites in the Diocese of Fargo. We will begin at Maryvale, Vally City, and end back at Maryvale. All meals and overnight lodging included. The cost is \$285 per person, double occupancy; or \$385 for a single room. Overnight stay at the Jasper Hotel downtown Fargo. Includes reserved seating for the Man of the Shroud presentation at Mary's Cathedral on Aug 25. For registration and more information: <https://www.fargodiocese.org/prairie-pilgrimage>

CATHOLIC VIRTUES part 3 of 3:

We all think we have virtues, but so many people can't name more than a few of them. In the Catholic Church, there are three very distinct categories of virtues which we all should be praying to have more of. The first category is known as the Cardinal Virtues, the second is known as the Theological Virtues, and the third is the Capital Virtues.

The Capital Virtues

The seven capital virtues are the virtues which overcome the seven deadly sins of lust, greed,

gluttony, envy, anger, pride, and sloth. Most other sins like murder, for instance, begin with one or two of the seven deadly sins. And once we let one of these sins take over our lives, the other six are only too happy to creep into our lives as well. By praying to obtain all seven of the capital virtues, we can put a stop to satan and his plan to destroy our lives. The seven capital virtues are:

Chastity - Overcomes the sin of **lust**. Chastity is certainly a virtue everyone could use more of today, as we are all bombarded with sexual images from TV, movies, billboards, the Sunday Paper, etc. Chastity not only moderates our desire for physical acts of sexual pleasure, but also helps us to overcome the thoughts which precede these impure actions. The Bible says that our bodies are temples to the Holy Spirit, but how many of us defile our temple through lust. God made our bodies to be holy temples of the Holy Spirit, not satan's pleasure palace. When one prays for and receives the virtue of chastity (the daily rosary is a GREAT way to ask Mary for this gift!), the wandering eyes and the lusty talk all of a sudden come to an end. Just as Jesus was blinded by his sweat and his blood on the way to Calvary, just so, we should avoid looking at things that are impure.

Generosity – Overcomes the sin of **greed**. This virtue can involve donating money, or giving up our free time and talents for the less fortunate, or even giving our possessions away. It is a great way to detach ourselves from the things of this world, which is exactly what Jesus told the rich young man who asked him what else he must do to gain eternal life over and above keeping the 10 commandments. Generosity is NOT philanthropy out of our surplus wealth or government welfare programs. Generosity involves our personal sacrifice, and it is indeed sacrificial to our way of life. Remember the widow in the bible who gave her two pennies in the synagogue, and Jesus said that she gave more than the rest, who, even though they gave a larger amount, gave out of their surplus wealth.

Temperance – Overcomes the sin of **gluttony**. This is also one of the Cardinal Virtues. Temperance is the internal virtue that helps us to control our love of eating and drinking and sex. Whereas the virtue of fortitude helps us to keep going in the midst of adversity, temperance, on the other hand, helps us to stop in the midst of pleasure. This is also a virtue that we need to pray for, as most people today "go for the gusto," and never even think about moderation. "All-you-can-

eat" buffets are the bane of a lot of people today, and cause a lot of people to fall into the sin of gluttony, because, the more you eat today, the more your stomach stretches, and the more you have to have tomorrow to fill it up. A true death spiral.

Brotherly love – Overcomes the sin of **envy**. This virtue involves being genuinely happy at everyone's success, even those who we don't particularly like. We know we have this virtue if we do not ever badmouth someone who has obtained something that we think we deserve. One should acknowledge that it is God's will that this particular series of events occurred in that person's life and not ours, for a reason. God could be blessing that person now, on earth, while He may have plans to give us burdens now, on earth, so that we will be blessed forever in heaven. Always desire the latter!

Meekness – Overcomes the sin of **anger**. Jesus said, "Blessed are the meek, for they shall inherit the earth." Meekness is the virtue that controls resentment at others, and cultivates patience. Angry outbursts at the smallest thing are characteristics of someone who does not have the virtue of meekness. Usually God will send people and events into these people's lives so that they can acquire meekness. Anger drives so many families apart, and is totally useless in the long run. When Jesus was confronted with an angry mob who tortured Him and killed Him, he not only didn't open His mouth, He prayed for them instead, and that is our model for how we should do things as well. There is such a thing as just anger, like when Jesus cleared the temple, but a lot of people get angry today over mere pittance. In other words, save your anger for real injustices.

Humility – Overcomes the sin of **pride**. Humility is the virtue that recognizes our 100% reliance on God for all that we have, or ever will have. Everything on earth is on loan from God, including our good looks, our money, our house, etc. Those who think that they got all of these things on their own are in for a big surprise upon death. The devil fools some of us into thinking that we got these things due to our hard work, or our talent, or whatever, when in fact, God gave them all to us. Pride is the devil's great sin, and he wants us all to think that we are gods too, like he does. But by being humble, we beat him every time, because humility comes from the heart, and the devil does not have a heart. In Christianity, the bible says that the first shall be last, and the last shall be first. God humbles the proud and exalts the humble, says the bible.

Diligence – Overcomes the sin of **sloth**. Diligence is the virtue that tells us to fulfill our duties in life, even if they get to be tiresome. These duties include our work, our home, our country, our church, and our families. Too many times people just want to move on when trials come to bear, like a sudden death, or when a hard-to-get-along-with spouse becomes unbearable, or when the boss demands too much. Prayer is the key here. Never forget that when you die, all of the diligence you showed in your lifetime toward your loved ones, and those you didn't love so much, will be rewarded a hundred fold.

July 26-27, 2025 ~ 17th Sunday in Ordinary Time Ministries of Service

Masses	5:15 p.m. Saturday	9:30 a.m. Sunday
Proclaimers	J. Jones	J. Neva
EMHC	*P. Pritchard, L. Grosz, J. Jones, F. McCann, Volunteer	*J. & S. Neva, A. Pritchard, H. Madson, L. Wegner
Gift Bearers	W. & J. Suchla	Volunteer, Volunteer
Servers	Volunteer, Volunteer, Volunteer	E. Esposito, Volunteer, Volunteer
Ushers	A. Larson, Volunteer	J. Aberle, S. Perreault
Greeters	T. Tweeter, A. Larson	H. Madson, J. Aberle
Rosary Leader	P. Pritchard	A. Pritchard
Sacristan	Volunteer	L. Wegner
Media Minister	Volunteer	
*Eucharist Minister ~ **T. English/Takes to home bound		

Venture to Poland rescheduled



**Thursday, July 24, 2025
serving 5:30 to 6:30pm**

Blessed Sacrament Social Hall

210 5th Avenue West—West Fargo

Enjoy with us:

Pierogies (stuffed dumplings)



Polska Kielbasa (sausage)



Salad



Desserts



Coffee



Water

Other possibilities:

Polish Haluski (Fried Cabbage & Noodles)



Polish Desserts

****MENU SUBJECT
TO CHANGE****

FREE OR Free Will Offering

